



# St Anne's Church, Chingford

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)

## 25th August 2024 – Trinity 13 Proper 16

### Parish Eucharist 10.00

# W

**Welcomers:** David Sendall, Anthony Sullivan

**Servers:** Phil Hallsworth, Jenny Scotchmer

**Chalice:** Heather Gwynn

# O

**Lessons:** Joy Ventour

**Prayers:** Rosalind Tatam

**Leader:** Jude Bullock

# R

**Preacher:** Jude Bullock

**Celebrant:** Mick Scotchmer

**Music:** Bill Gloyn

# S

**Hymns:**

248 God of grace and God of glory

463 Lord Jesus Christ

# H

351 In bread we bring you

579 O thou, who at thy Eucharist didst pray

96 Christ is made the sure foundation

# I

# P



**“Miners use canaries to warn of deadly gases. It might not be a bad idea if we took heed of the dead birds in our countryside”**

Lord Shackleton



<b>This week</b>  →	Monday	26th Aug		<b>No Plant Committee</b>
	Wednesday	28th Aug		<b>No Environment Committee</b>
	Friday	30th Aug	10.00	Eucharist
	Sunday	1st Sept	10.00	Parish Eucharist

## **Collect**

Almighty God,  
who called your Church to bear witness  
that you were in Christ reconciling the world to  
yourself:  
help us to proclaim the good news of your love,  
that all who hear it may be drawn to you;  
through him who was lifted up on the cross,  
and reigns with you in the unity of the Holy Spirit,  
one God, now and for ever.

## **Post Communion**

God our creator,  
you feed your children with the true manna,  
the living bread from heaven:  
let this holy food sustain us through our  
earthly pilgrimage  
until we come to that place where hunger  
and thirst are no more;  
through Jesus Christ our Lord.

## **Old Testament Reading**

## ***Psalm 34.15-22***

- 15 The eyes of the Lord are upon the righteous  
and his ears are open to their cry.
- 16 The face of the Lord is against those who do evil,  
to root out the remembrance of them from the earth.
- 17 The righteous cry and the Lord hears them  
and delivers them out of all their troubles.
- 18 The Lord is near to the brokenhearted  
and will save those who are crushed in spirit.
- 19 Many are the troubles of the righteous;  
from them all will the Lord deliver them.
- 20 He keeps all their bones,  
so that not one of them is broken.
- 21 But evil shall slay the wicked  
and those who hate the righteous will be condemned.
- 22 The Lord ransoms the life of his servants  
and will condemn none who seek refuge in him.  
This is the word of the Lord.  
All Thanks be to God.

23

## **New Testament Reading**

## ***Ephesians 6.10-20***

<sup>10</sup>Be strong in the Lord and in the strength of his power. <sup>11</sup>Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. <sup>12</sup>For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. <sup>13</sup>Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. <sup>14</sup>Stand therefore, and fasten the belt of truth around

your waist, and put on the breastplate of righteousness. <sup>15</sup>As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. <sup>16</sup>With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. <sup>17</sup>Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

<sup>18</sup>Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. <sup>19</sup>Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, <sup>20</sup>for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

This is the word of the Lord.

All Thanks be to God.

## Gospel

**John 6.56-69**

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

Jesus said to the crowd: <sup>56</sup>‘Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup>Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup>This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.’ <sup>59</sup>He said these things while he was teaching in the synagogue at Capernaum.

<sup>60</sup>When many of his disciples heard it, they said, ‘This teaching is difficult; who can accept it?’ <sup>61</sup>But Jesus, being aware that his disciples were complaining about it, said to them, ‘Does this offend you?’ <sup>62</sup>Then what if you were to see the Son of Man ascending to where he was before?’ <sup>63</sup>It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. <sup>64</sup>But among you there are some who do not believe.’ For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. <sup>65</sup>And he said, ‘For this reason I have told you that no one can come to me unless it is granted by the Father.’

<sup>66</sup>Because of this many of his disciples turned back and no longer went about with him. <sup>67</sup>So Jesus asked the twelve, ‘Do you also wish to go away?’ <sup>68</sup>Simon Peter answered him, ‘Lord, to whom can we go? You have the words of eternal life. <sup>69</sup>We have come to believe and know that you are the Holy One of God.’

This is the Gospel of the Lord.

All Praise to you, O Christ.

N

We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme



please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.

E

**Ukraine and Eat or Heat** - We are still collecting for both at the back of the church—children, toddler's and baby items are still very much needed as the war takes its toll on the people of Ukraine. As are long lasting food products and hygiene products for Eat or Heat.

W

**African - Caribbean Evening Saturday 7th September 6-10pm**

Thank you to all who have already reserved a place. Tickets are still available, but book soon to be sure of a place. Ticket prices are : Adults £15, Children aged 6-11 £8, 5s and under, Free. Ticket includes food and a drink, plus the evening's entertainment.

S

Payment can be made to Heather, please. If you would like to help contribute to the food for the evening, please speak to Claire or Bridget. We also need 5 or 6 people to help dish up the food on the evening: again, if you can help with this, please speak to Claire or Bridget. Thank you.

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

**Anniversaries for August:** 1st Margaret Halford, 10th Lillian Whitehead, 11th Alex Joseph, 12th Doris Sullivan, 13th John Malony, 15th Katie Anderson, 19th Brian Jones, 29th Ivy Hughes.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,  
may they rest in peace and rise in glory. Amen*